

Certificate in Outdoor Education Student Application Questionnaire

Name: _____

Please answer the following questions to the best of your ability. There are no right answers for these questions. The purpose is to give us an insight into your level of prior learning as it relates to this programme.

1. What has made you choose Tai Poutini Polytechnic as your place of study?

2. How does this programme fit into your plans/ambitions for the future?

3. Describe your ability as a swimmer (cold fresh water) circle one only:

Strong

Average

Poor

Can't Swim

4. Time yourself. How long does it take you to complete a 5 km run? _____

5. How well do you communicate and relate to people?

6. Employment Record

Please state any part time and/or full time, including holiday employment, work-based training and voluntary work.

Employer's Name	Employer's Phone/ Fax Number	Type of Work	Dates From - To	Full or Part Time

7. Offences

Have you been convicted of a criminal offence within the past ten years, or are you currently being charged with a criminal offence? If Yes, please explain.

8. Referees

Please provide the names of two referees who may be contacted by us.

Name: _____

Relationship to referee: _____

Telephone: Day _____ Night _____

Name: _____

Relationship to referee: _____

Telephone: Day _____ Night _____

Please attach a copy of your current first aid certificate.

PLEASE COMPLETE

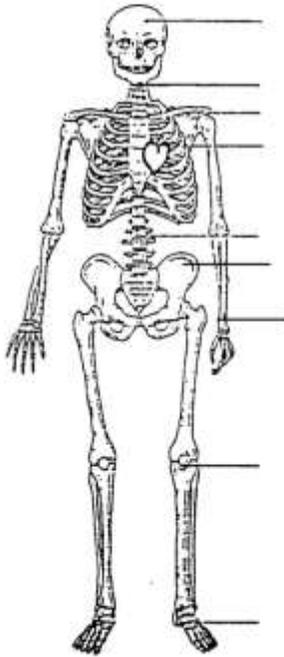
Pursuit	Approximate Number of Days Spent Involved in Pursuit	Competency Levels Reached i.e. beginner/intermediate/advanced	Location Where Mainly Involved in this Pursuit	Any Formal Training? (state who with)
Tramping Below Bushline Above Bushline				
Mountaineering				
Rock Climbing Natural Rock Indoor Walls				
Kayaking Flatwater Rivers Surf				
Sea Kayaking				
Rafting				
Other (please state):				

Student Confidential Medical Information

Student's Name: _____ Programme: _____

Please read this carefully: Medical conditions do not necessarily prevent you from participation in our programme. In the interest of safety could you please indicate with a tick (✓) if you have ever suffered from, or do suffer from any of the following.

Injuries to:



- | | |
|---------------------------------------|--|
| <input type="checkbox"/> Head | <input type="checkbox"/> Asthma |
| <input type="checkbox"/> Neck | <input type="checkbox"/> Diabetes |
| <input type="checkbox"/> Shoulder/Arm | <input type="checkbox"/> Claustrophobia |
| <input type="checkbox"/> Heart | <input type="checkbox"/> Haemophilia |
| <input type="checkbox"/> Spine/Back | <input type="checkbox"/> Allergies (bee stings, etc) |
| <input type="checkbox"/> Pelvis/Hip | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Wrist | <input type="checkbox"/> Episodes of depression, anxiety or breakdowns. |
| <input type="checkbox"/> Knee | <input type="checkbox"/> Other (e.g. serious illness, operation or injury) |
| <input type="checkbox"/> Ankle | _____ |
| | I have trouble: |
| | <input type="checkbox"/> Seeing |
| | <input type="checkbox"/> Hearing |
| | <input type="checkbox"/> Speaking English |
| | <input type="checkbox"/> Swimming/Floating |

I consider my health to be:

Excellent Good Restricted Fair

Reasons why: _____

My current weight is: _____ kg My current height is: _____ cm

Are you on any medication? (If Yes, please state) _____

Are you allergic to anything? (If Yes, please state) _____

In case of emergency who should be contacted?

Name: _____

Relationship: _____

Telephone: Day: (0) _____ Night: (0) _____

Mobile Phone _____

PTO

From time to time the programme will be remote from immediate hospital or medical care. By signing this form you are giving consent to receive medical treatment from the tutor(s) and/or medical personnel in an emergency situation. You are also allowing your medical information to be supplied to all tutors employed to teach you on the programme. This information will otherwise be treated as confidential.

FITNESS DECLARATION

It is the responsibility of the student to maintain his/her personal fitness at the level required to participate in all practical components of the programme. This is a Health and Safety requirement, not only for the individual concerned, but also for staff and other students in the group.

Failure to maintain fitness at the required level will result in the Polytechnic withdrawing the student from those practical components of the programme wherein the student's lack of fitness poses a safety risk. Such withdrawal will not entitle the student to any fee refund.

I agree to the above conditions of entry to outdoor education programmes.

Name: _____
(Please print)

Signature: _____ Date: _____

ACKNOWLEDGEMENT OF RISK

By signing this form, I acknowledge that there are inherent risks involved in the outdoor activities I will be participating / training in whilst studying outdoor pursuits programmes at Tai Poutini Polytechnic. I understand that Tai Poutini Polytechnic will take all practicable steps possible to ensure my safety, however my safety cannot be absolutely guaranteed.

DECLARATION

I certify that the details given on this form are correct and that, if accepted for this programme, I will observe such rules and conditions as may be required by Tai Poutini Polytechnic.

Signature: _____ Date: _____

CERTIFICATE IN OUTDOOR EDUCATION

EQUIPMENT LIST

Your programme fee will cover the cost of accommodation and food on multi day trips, transport and special equipment required on the programme. All technical equipment such as ice axes, ropes, kayaks, helmets will be provided. You may prefer to use your own specialist equipment should you already have it.

You will need to provide your own personal equipment which includes the following:

General tramping/outdoor gear

- Pack with ice and crampon attachments (approximately 70 Litre size)
- Pack liner
- Daypack (40 Litre)
- Sleeping bag (3 season at least, you will sleep in the snow)
- Sleeping mat (closed cell foam or thermarest)
- Tramping Boots (leather preferably)
- Running shoes (for regular training, road and track)
- Gaiters
- Waterproof Raincoat and over pants
- Thermal jacket (Polar fleece/Swandri or similar)
- Thermal trousers (Polar fleece/wool or similar)
- 3 long sleeve thermal tops (polypropylene/wool)
- 2 Thermal long johns (polypropylene/wool or similar)
- Beanie (Polar fleece/wool hat)
- Balaclava
- Waterproof mittens or gloves (over mitts)
- Fleece or woollen gloves
- Polypro gloves (a few pairs as only \$5 each)
- 3 pairs good quality wool socks
- Compass
- Personal first aid kit (blisters, pain relief, allergies, whistle, etc)
- Survival kit (Sharp pocket knife, matches, candle, approx 2 metres parachute or tent cord)
- Head torch
- Sunglasses (wrap around and dark)
- Sunhat
- Wristwatch
- Eating utensils (plate/mug etc)
- Folders, dividers, pens, paper

Water Stuff

- 10 litre dry bag
- Wetsuit
- Neoprene shoes/booties (that stay on)

Climbing specific (Bivouac is a good store for climbing gear)

- Rock climbing shoes (make sure they are comfortable!!! Not too tight!!!)
 - Chalk bag and chalk
 - 1 short prusik (200cm not tied) 6mm cord
 - 1 long prusik (220cm not tied) 6mm cord
 - 1 med sling (260cm not tied) 15mm or 25mm tubular tape
 - 1 long sling (360cm not tied) 15mm or 25mm tubular tape
- NB Bring the prusik and sling to polytech and we will tie it on the rock week**

You may be excluded from some field trips if you do not have the equipment listed above.

You will be encouraged to get more of your own equipment as you become more skilled and identify future work opportunities or favourite pursuits. Further specialist equipment is required for our Diploma in Outdoor Instruction and Guiding. If you are unsure of the right type of equipment or brand to buy, ask us or wait until the course starts.

You can expect to pay up to \$4000 on equipment for the course if you are starting from scratch.

Highly recommended (in order of importance!!)

- Down Jacket
- Nose clip for kayaking (sports shop)
- Small Thermos
- Digital camera
- Tent
- Stove (white spirits)
- Light nylon parka